

Learn How To Teach Kids Yoga!

Mullingar, Ireland

September 19 - 25, 2011

Yoga Ed. Instructor Training

YOGA ED. is an internationally recognized educational program that teaches self-awareness, self care and responsibility to children, teachers and parents. Using the well documented benefits of yoga and creative play. YOGA ED. offers two comprehensive programs.

YOGA ED. K-8 PROGRAM

- * 36 week curriculum for Grades K-2, 3-5, 6-8
- * Meets United States National PE standards
- * Lays a foundation for lifetime health and wellness

YOGA ED. TOOLS FOR TEACHERS

- * Simple yoga based exercises designed for the classroom
- * Effective tools to focus, calm and de-stress the classroom

THIS DYNAMIC AND TRANSFORMATIONAL TRAINING CERTIFIES YOU TO TEACH

- * The YOGA ED. K-8 curriculum in schools as PE or Health and in studio/community settings
- * The TOOLS FOR TEACHERS program to classroom teachers

MATERIALS INCLUDE

- * Yoga Ed. 350 Page Curriculum
- * Yoga Ed. CD
- * Yoga Ed. Tools 4 Teachers manual and training handbook

CONTACT AND REGISTRATION

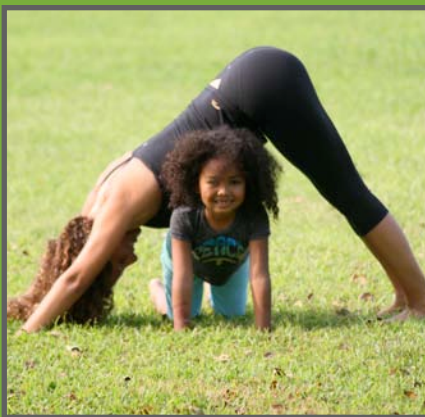
Brynne Caleda
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Workshops and Training Page

TRAINING LOCATION

Phoenix Yoga Studio
www.phoenixyogastudio.net
12B Mullingar Medical Park
Market Point, Mullingar, Co.
(+343) 086.815.9953

ABOUT THE TRAINER:

Brynne Caleda, has been a pioneer in the field of kids yoga over the past decade. Brynne spends half of her year traveling nationally and internationally teaching and implementing Yoga Ed. into communities around the world. She is the founder of Stretch Your Imagination. An Not for Profit organization in Hawaii that specializes in creating sustainable yoga programs within Hawaii's school systems.



Training Fee (Includes Materials):

825 EURO 5 Day K-8 Instructors Training

1000 EURO 5 Day K-8 Instructors Training and Tools 4 Teachers Training

Training Dates and Time

Monday - Saturday September 19 - 24, 2011 9:00 - 12:00 and 13:00 - 16:00

Sunday September 25, 2011 9:00 - 12:00

www.brynnecaleda.com